



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Jokes & Java, AF 10:30 Christian Jubilee Easter Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Pond Visits, PO ☀️ 2:30 Matinee Movie, AF 4:00 Easter Egg Decorating, 3 	2 9:30 Meet and Greet, AF 10:30 Range of Motion Exercise, 3 rd 10:30 Baby Faces DVD, 4SOL 2:00 🎵 Nashville Standard Performance, 3rd Floor 3:30 Word Power, 3 rd 4:00 Porch Tales, FP ☀️	3 9:30 Wake-Up Visits, AF 10:30 Picnic Lunch Outing 🚌 10:30 Bowling, 3 1:30 Book Nook, 4SOL 2:30 BINGO, 3 4:00 Resident Choice Games, AF	4 9:30 Morning Cheer, AF 10:30 Happenings at The White House, 3 1:30 Reading Circle, 1SOL 2:00 \$ Wal-Mart Trip 🚌 2:30 Crosswords, 3 2:30 Hand Care, 4SOL 3:30 Bible Study with Chaplain Pervaiz, 3 4:30 Boggle, AF	5 9:30 Rise and Shine, AF 10:30 Getting to Know You Ball Toss, 3 11:00 Personalized Playlists, 3 11:00 April IQ, 3 1:30 Table Games, 4SOL 2:00 Rosary, 3SOL 2:30 \$BINGO, 3 4:00 Spa Day, 1SOL	6 9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, AF 10:30 Famous Face and Places Game, 3 2:30 Spring Fling Social with LIVE Music, 3 4:00 Guinness World Book of Records Discussion, FP	7 9:30 AM Wake- Up, AF 10:30 Coffee and News Currents, 3 10:30 Baby Faces, 4SOL 2:30 BINGO with National Charity League, 3 4:00 Twenty Questions Game, PO
8 9:30 Jokes & Java, AF 10:30 Words of Encouragement (Positive Short Stories), 3 10:30 Digital Catholic Mass, 4SOL 2:00 Scenic Drive: Cherry Blossoms 🚌 2:30 Matinee Movie, AF 4:00 Poetry Group, FP	9 9:30 Meet and Greet, AF 10:30 Bowling, 3 1:30 1:1 Visits, FP ☀️ 2:00 Digital Jeopardy Game, 3 3:00 🎵 Hand Bell Choir, 3 4:00 Pond Visits, PO ☀️ 7:30 Bingo with KOC, 3	10 9:30 Wake-Up Visits, AF 10:30 \$ Lunch Outing: Red Lobster 🚌 10:30 Name Five/ Cognitive Games, AF 11:00 Dice Game 2:30 WHOGA/Slow Movement Stretching, 3 3:00 Crafty Corner, 3 4:00 1:1 Visits, FP ☀️	11 9:30 Morning Cheer, AF 10:30 Range of Motion Exercise Group, 3 2:30 Scenic Drive 🚌 2:30 🎵 NOVA Chorale Music Performance, 3 3:30 Sensory Relaxation Hour, 4SOL 3:30 Bible Study, 3 4:00 Mad Libs, 4SOL	12 9:30 Rise and Shine, AF 10:30 Scenic Drive 🚌 10:30 Truro Church Service, 3 10:30 Range of Motion Exercise, 3 1:30 Name that Tune, 4SOL 2:30 BINGO, 3 4:00 Book Nook, F P ☀️	13 9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, All 10:30 🎵 Music Appreciation with Dr. Laura Hills, 3 1:30 Personalized Playlists, 1 SOL 2:30 Happy Hour Social, 3 4:00 Would You Rather Ball Toss, AF	14 9:30 AM Wake- Up, AF 10:30 Coffee and News Currents, 3 1:30 Wii Games, 4SOL 2:30 BINGO, 3 4:00 Getting to Know You Program, PO ☀️
15 9:30 Jokes & Java, AF 10:30 McLean Church Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Pond Visits, PO ☀️ 2:00 Matinee Movie, AF 4:00 Pet Therapy with NCL, 3	16 9:30 Meet and Greet, AF 10:30 Resident Volleyball Game, 3 1:30 Relax & Chat, FP 2:30 Who Am I? Game (ac), 3 3:30 Spring Craft, 3 4:00 Pond Visits, PO	17 9:30 Wake-Up Visits, AF 10:30 Picnic Lunch Outing 🚌 10:30 Travelogue, 3 1:30 Wii Games, 4 SOL 2:30 BINGO, 3 4:00 Resident Choice Games, AF	18 9:30 AM Cheer, AF 10:30 Dear Abby, 3 2:30 Reminisce: TV Shows, 3 2:00 Ronald McDonald House Tab Drop Off 🚌 3:30 Bible Study, 3 4:00 Card Games, 4 4:00 Scrabble, 1SOL 7:30 LC Bingo, 3			

MAIN FLOOR Fairfax Rehabilitation and Nursing Center 10701 Main Street Fairfax VA 22030 (703) 273-7705 ext. 3218

See the Daily Signs that are posted at each Nurse's for any updates*

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



19
9:30 Rise & Shine, AF
10:30 Sing A Long with Noadia, 3
1:30 Front Porch Tales, FP ☀
10:30 Scenic Drive 🚌
2:00 Rosary, 3 SOL
2:30 BINGO,3
4:00 Open Rec /Table Games, 3
4:00 Relaxation: By The Fireplace, AF

20
9:30 Wake-Up Call, AF
10:00 St. Leo's Catholic Eucharist, AF
10:30 Volley Ball Game, 3
2:30 Friday Social, 3
3:30 Jewelry Making, 4SOL
4:00 Crossword Puzzle, 3

21
9:30 AM Wake- Up, AF
10:15 Hephzibah Youth Orchestra, 3
1:30 Personalized Playlists, 1SOL
2:30 \$BINGO,3
4:00 Hand Massage/Hand Care, AF

22
9:30 Jokes & Java, AF
10:30 Digital Catholic Mass, 4SOL
10:30 McLean Church Service, 3
1:30 Pond Visits, PO ☀
2:00 Matinee Movie, AF
4:00 Trivia, FP ☀

23
9:30 Meet & Greet,AF
10:30 Signs of Spring, Pond
2:00 Digital Jeopardy Game, 3
3:30 🎵 Hand Bell Choir, 3
4:30 Sunshine Visits, FP☀

24
9:30 Wake-Up Visits, AF
10:30 \$ Lunch Outing: Bob Evan's 🚌
10:30 Would You Rather Ball Toss, 3 +4
2:30 Reading Circle, 3
3:30 Mad Libs, 3
4:00 Name that Tune, 3+4SOL

25
9:30 Am Cheer, AF
10:30 Optical Illusions Program, 3
2:30 Scenic Drive 🚌
2:30 Resident Council Meeting, 3
3:30 Memorial Service, 3
4:30 Pizza Toss Game, 4SOL

26
9:30 Rise & Shine, AF
10:30 Truro Church Service, 3
10:30 Personalized Playlists, 4SOL
10:30 Scenic Drive 🚌
2:30 BINGO, 3
4:00 Activity Store, 3

27
9:30 Wake-Up Call, AF
10:00 St. Leo's Catholic Eucharist, All Floors
10:30 Range of Motion Exercise, 3
1:30 Trivia, FP
2:30 April Birthday Celebration Social, 3
4:00 Word Power, 3

28
9:30 AM Wake- Up, AF
10:30 Coffee and News Currents, 3
10:30 Outdoor Sensory Group, PO ☀
1:30 Wii Games, 3
2:30 BINGO with Balavikas, 3
4:00 Volleyball, 3

29
9:30 Jokes & Java, AF
10:30 Digital Catholic Mass, 4SOL
10:30 Hymn Sing, 3
1:30 Pond Visits, PO ☀
2:00 Matinee Movie, AF
4:00 Book Nook, FP ☀

30
9:30 Meet & Greet, AF
10:30 Table Ball, 3
11:00 Name Five/Categories, 3
2:00 Digital Jeopardy Game, 3
3:30 🎵 Hand Bell Choir Concert, 3
4:30 Word Power, 3

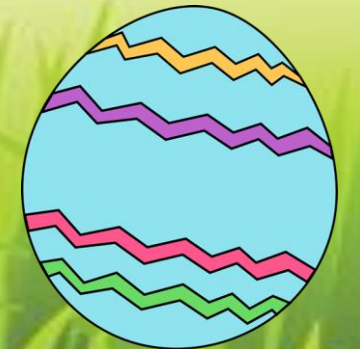
Location Key:
1st Floor= 1SOL
2nd Floor= 2
3rd Floor =3
4th Floor= 4SOL
FP= Front Porch
PO= Pond

Icon Key:

- 🚌 Outing
- 🎵 Musical Program
- † Spiritual Program
- ☀ Outdoor Activity
- \$ Paid by Resident

If you wish to attend a bus ride or outing, please see an activity team member. These events have limited seating

Please call Ext. 3218 or 3225 for assistance related to Activity programming



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