

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p style="text-align: right;">3</p> <p>9:30 AM Stretch, 3 10:30 Jubilee Church, 3 10:30 Digital Mass, 4 10:30 Hymn Sing 1:00 Sunday Football, TV 2:30 Matinee Holiday Movie 2:30 Caroling w/ NCL 4:00 Love Songs 7:00 Evening Sensory</p>	<p style="text-align: right;">4</p> <p>9:30 Exercise 10:30 Balloon Volleyball Game 2:30 Music w/ Chaplain 2:30 Holiday Tunes 3:00 Cranium Crunches 3:30 PM Stretch 4:30 Sing A Long 7:00 Sensory Lights</p>	<p style="text-align: right;">5</p> <p>9:30 Exercise 10:30 Getting to know you 10:30 Lunch Outing: 🚗 <u>Outback Steakhouse</u> 1:30 Music w/ Chaplain Pervaiz, All 2:30 Bingo, 3 2:30 Reindeer Craft 4:00 Holiday Playlist 7:00 Bedtime Cart</p>	<p style="text-align: right;">6</p> <p>9:30 AM Stretch 9:30 Music w/ Chaplain, All 10:30 Jazzercise, 3 1:30 NOVA Chorale 🎵 2:30 Walmart Outing 🚗 3:30 Bible Study, 3 3:30 Holiday Songs 4:30 PM Stretch 7:00 Holiday Lights</p>	<p style="text-align: right;">7</p> <p>9:30 Exercise 10:30 Truro Church, 3 10:30 Movin' & Groovin' Fitness 2:30 Tactile Dominoes 2:30 Bingo, 3 2:30 Music w/ Chaplain, All Floors 4:00 Cookie coloring sheet decorating 7:00 Holiday Sing A Long</p>	<p style="text-align: right;">8</p> <p>9:30 Fun & Fitness 10:00 Music with Dr. Laura Hills , 3 🎵 10:30 Parachute Games 2:30 Holiday Cookie Social 2:30 Music w/ Chaplain Pervaiz 4:00 Holiday Sing A Long Songs 7:00 Evening Sensory Group</p>	<p style="text-align: right;">9</p> <p>9:30 AM Stretch 10:30 Weather and Current Events 2:30 Open Recreation Room 4:00 Christmas Carols 7:00 Piano Tunes</p>
<p style="text-align: right;">10</p> <p>9:30 Chair Soccer 10:30 Digital Mass 4 10:30 Clifton Church Service, 3 🙏 1:00 Sunday Football, TV 2:30 Scenic Drive 🚗 2:30 Matinee Movie 4:00 Chair Soccer, 4SOL 7:00 Holiday Tunes</p>	<p style="text-align: right;">11</p> <p>9:30 Movin' & Groovin; Exercise 10:30 Christmas Songs with Roberta 🎵 2:30 Getting to Know you , 3 3:30 Holiday Themed Rhythm Band, 3 4:30 Hangman, 3 7:30 Bingo with KOC 7:00 Holiday Favorites</p>	<p style="text-align: right;">12</p> <p>9:30 Exercise 10:30 Times we Treasure Tuesday, 3 10:30 Picnic Lunch Outing 🚗 1:30 Music w/ Chaplain Pervaiz 2:30 Holiday Sing A Long 4:00 PM Stretch 7:00 Bedtime Cart</p>	<p style="text-align: right;">13</p> <p>9:30 AM Stretch 10:30 Holiday Music 2:30 Matching & Sorting Games 3:30 Puzzle Time 4:30 PM Stretch 7:00 Christmas Sensory Lights and Songs 7:00 Christmas Lights Ride 🚗</p>	<p style="text-align: right;">14</p> <p>9:30 Exercise 10:30 Gingerbread Cards (ac) 10:30 Scenic Ride 🚗 2:30 Christmas Sing A Long 2:30 Bingo, 3 2:30 Rosary, 3 SOL 3:30 Wreath Craft 4:30 "Rudolph Says" 7:00 Soft Music</p>	<p style="text-align: right;">15</p> <p>9:30 Fun & Fitness 10:30 Catholic Mass, 3 10:30 Christmas Sing A Long 1:30 Holiday Music 2:30 The Dreidel Game 3:30 Bread Making 4:00 Parachute Game 7:00 Holiday Lights</p>	<p style="text-align: right;">16</p> <p>9:30 AM Stretch 10:00 St. Leo's Youth Ministry Carolers, 3 10:30 Stocking Banner 2:30 Chaplain Pervaiz Christmas Concert, 3 🎵 2:30 Rhythm Band 3:30 Holiday Greeting Cards 4:30 Christmas Songs 7:00 Holiday Sensory</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
9:30 Chair Soccer 10:30 Digital Mass 4 10:30 McLean Church, 3 1:00 Sunday Football, TV 2:30 Christmas Sing A Long Songs 3:30 Mitten Craft 4:30 Would you Rather Ball Toss 4:00 Little Angel's Orchestra, 3	9:30 Movin' & Groovin'; Exercise 10:30 Twelve Days of Christmas Sing A Long Songs 2:30 Resident Rhythm Band 3:30 Candy Cane Coloring 4:30 Christmas Sing A Long Songs <u>6:00 Holiday Lights Bus Ride</u>  7:00 Holiday Sensory Lights	9:30 Exercise 10:30 Getting to know you <u>10:30 Lunch Outing: Silver Diner</u>  1:30 Music w/ Chaplain Pervaiz 2:30 Bingo, 3 2:30 Holiday Music 3:30 Christmas Card Making 4:00 Matching Games 7:00 Bedtime Cart	9:30 AM Stretch 10:30 Jazzercise 2:30 Holiday Cookie Decorating <u>2:30 Scenic Drive</u>  3:30 Bible Study, 3 3:30 Ornament Craft/Painting 4:30 Holiday Tunes 7:00 Sensory Group 7:00 Bingo w/ KOC, 3	9:30 Exercise 10:30 Christmas Personalized Playlist 2:30 Bingo, 3 2:30 Rosary, 3 SOL 2:30 Holiday Sensory Group 3:30 Rhythm Band <u>4:00 Holiday Bingo Coupon Auction, 3</u> 7:00 Jazzy Holiday Music	9:30 Chair Soccer 10:30 Catholic Eucharist, All Floors 10:30 Personalized Playlists 2:30 Christmas Door Décor 4:00 Holiday Tunes 7:00 Piano Christmas Songs	9:30 AM Stretch 10:30 Coffee and the News  2:30 Chaplain Pervaiz "King of Kings" Program, 3 2:30 Christmas Name that Tune 3:30 Puzzle Time 4:30 PM Stretch 7:00 Holiday Cart
24	25	26	27	28	29	30
9:30 Exercise 10:30 Truro Church, 3 10:30 Digital Mass, 4 2:30 Stocking Craft 3:30 "Rudolph Says" 4:30 Christmas Eve Sing A Long 7:00 Christmas Light Sensory Group	9:30 "Rudolph Says" Exercise 10:00 The Meaning and Purpose of Christmas w/ Chaplain Pervaiz, 3 10:30 Christmas Sing A Long 2:00 Christmas Celebration 3:00 Christmas Music	9:30 Exercise 10:30 Kwanza Celebration <u>10:30 Picnic Lunch Outing</u>  1:30 Music w/ Chaplain Pervaiz 2:30 Bingo, 3 2:30 Puzzle Time 4:00 Winter Sensory 7:00 Tea and Chat	9:30 Movin' & Groovin' Exercise 10:30 Famous Faces and Places <u>2:30 Scenic Drive</u>  2:30 Resident Council Meeting, 3 2:30 Love to Laugh 3:30 Memorial Service, 3 3:30 Snowman Crafting 4:30 PM Stretch 7:00 Bedtime Cart	9:30 Coffee and the News 10:30 Salsa Dancing Class <u>10:30 Scenic Ride</u>  2:30 Bingo, 3 2:30 Rosary, 3SOL 2:30 Tactile Discs 4:00 Color Therapy 4:30 Gel Pad Mazes 7:00 Sensory Group	9:30 AM Stretch 10:30 Bowling 2:30 Winter Wonderland Craft 3:30 Birthday Party Social  3:30 Resident Talent Show w/ Chaplain Pervaiz, 3 3:30 Puzzle Time 4:30 Winter Themed Exercise 7:00 Soft Music	9:30 Exercise 10:30 Coffee and the News 2:30 Bingo, 3 2:30 New Year Resolutions 3:30 Personalized Playlists 4:30 Movin' & Groovin' Exercise 7:00 Sensory Lights
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9:30 Exercise 10:30 Pender Church, 3 10:30 Would You Rather 2:30 New Year's Eve Bash – Welcome 2018 4:00 NYE Stretch 7:00 New Year's Eve Sensory Group						

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See the Daily Signs that are posted at each Nurse's station for any updates