

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February

Fairfax Rehabilitation and Nursing Center
10701 Main Street Fairfax, VA 22030
(703) 273-7705

9:30 Exercise, AF
10:30 Karaoke Singing Contest, 3
10:30 February IQ, 4SOL
2:30 Rosary, 3SOL
2:30 \$BINGO, 3
4:00 Name 5, AF
4:30 Spa Day, AF

1

9:30 Exercise, AF
10:00 St. Leo's Catholic Eucharist, All Floors
10:30 Ground Hog Day Trivia, 3
2:30 Ground Hog Day Celebration, 3
4:00 What Would You Do Game, AF



2

9:30 AM Wake- Up
10:30 Coffee and News Currents, 3
10:30 Baby Faces, 4SOL
2:30 \$BINGO with National Charity League, 3
4:00 Pizza Toss Game, 4SOL

3

9:30 Exercise, AF
10:30 Christian Jubilee Church, 3
10:30 Digital Catholic Mass, 4SOL
2:30 Matinee Movie, AF
4:30 Word Power, 3
6:30 Super Bowl Party, 3

4



9:30 Fun and Fitness, AF
10:30 Range of Motion w/ Evelim, 3
10:30 Trivia, 4SOL
2:30 Love Songs w/ Noadia, 3
3:30 Word Power, 3
4:30 Categories, AF

5

9:30 Morning Exercise, AF
10:30 Picnic Lunch Outing
10:30 Personalized Playlists – Music, 3
1:30 Wii Games, 1 SOL
2:30 \$BINGO, 3
4:00 Resident Choice Games, AF

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9:30 WHOGA, AF
10:30 Capital Music Therapy, 3
1:30 Personalized Playlists AF
2:30 Wal-Mart Trip
2:30 Crosswords, 3
3:30 Bible Study with Chaplain Pervaiz, 3
4:30 Boggle, AF

7

9:30 Exercise, AF
10:30 Scenic Drive
10:30 Truro Church Service, 3
10:30 Range of Motion w/ Evelim, 3
2:30 \$BINGO, 3
4:30 Book Nook, AF

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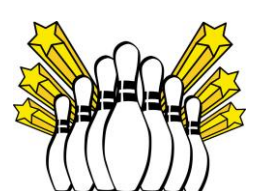


9:30 Morning Exercise, AF
10:00 St. Leo's Catholic Eucharist, All
10:30 Music Appreciation with Dr. Laura Hills, 3
2:30 Be my Valentine Social Hour, 3
4:00 Would You Rather Ball Toss, AF

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9:30 AM Wake- Up
10:30 Coffee and News Currents, 3
1:30 Reading Circle, 1SOL
2:30 \$BINGO, 3
4:00 Wii Bowling, 4SOL

10



9:30 Exercise, AF
10:30 Clifton Church Service, 3
10:30 Digital Catholic Mass, 4SOL
2:30 Matinee Movie, AF
2:30 Providence Singers Performance, 3
4:30 Little Angel's Orchestra, 3

11

9:30 Fun and Fitness, AF
10:30 Bowling, 3
11:00 Love Songs with Roberta Comack-Katleman, 3
2:00 Digital Jeopardy Game, 3
3:30 Hand Bell Choir, 3
4:30 Who Am I?, AF
7:30 Bingo with KOC, 3

12

9:30 Morning Exercise, AF
10:30 Lunch Outing: Olive Garden
10:30 Mardi Gras Mask Making, 3
2:30 Mardi Gras Celebration, 3
4:00 Mad Libs, 4SOL
4:00 Travelogue: New Orleans, 3

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9:30 WHOGA, AF
10:30 Valentine's Day Love Songs, 3
2:30 Scenic Drive
2:30 NOVA Chorale Music Performance, 3
3:30 Valentine's Day Card Making, 3
3:30 Bible Study, 3
4:30 Mini Golf, 4SOL

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9:30 Exercise, AF
10:30 Sing A Long with Noadia, 3
10:30 Book Nook, 4SOL
10:30 Scenic Drive
2:30 Rosary, 3 SOL
2:30 \$BINGO, 3
4:00 Relaxation: By The Fireplace, 4SOL

15

9:30 Morning Exercise, AF
10:30 St. Leo's Catholic Mass Service, 3
2:30 Chinese New Year Celebration, 3
4:00 Wii Bowling, 4SOL
4:00 Hangman, 3

16



9:30 AM Wake- Up
10:30 Coffee and News Currents, 3
10:30 Pizza Toss Game, 4SOL
1:30 Personalized Playlists, 1SOL
2:30 \$BINGO, 3
4:00 Fresh Anoint, 3

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February 2018

Sunday

Monday

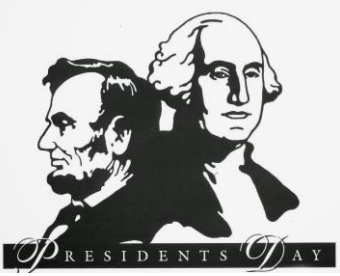











Tuesday

Wednesday

Thursday

Friday

Saturday

18	19	20	21	22	23	24
<p>9:30 AM Stretch, AF 10:30 McLean Church Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Wii Games, 4SOL 2:00 Matinee Movie, AF 4:00 Pet Therapy with NCL, 3</p>	<p>9:30 Fun and Fitness, AF 10:30 Volleyball, 3 2:00 Who Am I? First Ladies, 3 3:30 Hand Bell Choir, 3 4:30 President's Day Themed Trivia, AF</p> 	<p>9:30 Morning Exercise, AF 10:30 Getting to Know You Program, 3 + 4 10:30 Picnic Lunch Outing  1:30 Personalized Playlists, All Floors 2:30 \$BINGO, 3 4:00 Boggle, AF</p>	<p>9:30 WHOGA, AF 10:30 Newspaper Read A Loud, 3 +4 2:30 Pizza Toss Game, 3 2:00 Movie Theatre  3:30 Bible Study, 3 4:30 Card Games, 4 4:30 Scrabble, 1SOL 7:30 Lion's Club Bingo, 3</p>	<p>9:30 Morning Exercise, AF 10:30 Truro Church Service, 3 10:30 Book Nook, 4SOL 10:30 Scenic Drive  2:30 \$BINGO, 3 4:00 Activity Store, 3</p> 	<p>9:30 Morning Exercise, AF 10:00 St. Leo's Catholic Eucharist, All Floors 10:30 Range of Motion Exercise, 3 2:30 Birthday Party Social, 3 4:00 Resident Band, 3</p>	<p>9:30 AM Wake- Up 10:30 Coffee and News Currents, 3 10:30 Sensory Group, 4SOL 2:30 \$BINGO with Balavikas, 3 3:30 Personalized Playlists, 3 4:30 Matching Games, 4SOL</p>
<p>25 9:30 AM Stretch, AF 10:30 Digital Catholic Mass, 4SOL 10:30 Hymn Sing, 3 1:30 Book Nook, 4SOL 2:00 Matinee Movie, AF 4:00 Trivia, AF</p>	<p>26 9:30 Fun and Fitness, AF 10:30 Sing A Long with Noadia, 3 2:00 Faces and Places, 3 3:30 Hand Bell Choir Concert, 3 4:30 Cranium Crunches, AF</p> 	<p>27 9:30 Morning Exercise, AF 10:30 Travelogue, 3 10:30 Lunch Outing: Bob Evan's  1:30 Personalized Playlists, AF 2:30 \$BINGO, 3 4:00 Mad Libs, AF</p>	<p>28 9:30 AM Stretch, AF 10:30 Resident Council Meeting, 3 2:30 Scenic Bus Ride  2:30 Jewelry Making, 3 3:30 Memorial Service, 3 4:30 Balloon Toss, AF</p>	<p>Calendar Icons</p> <ul style="list-style-type: none">  Outing  Musical Program  Outdoor Activity  Bingo Coupons <p>If you wish to attend a bus ride or outing, please see an activity assistant. These events have limited seating availability and we ask that you sign up in advance</p>	<p>Any additions or changes to the calendar will be posted on the daily schedule.</p> <p>Each activity runs for a minimum of 30 minutes</p>	<p>Main Floor Activities Calendar</p> 