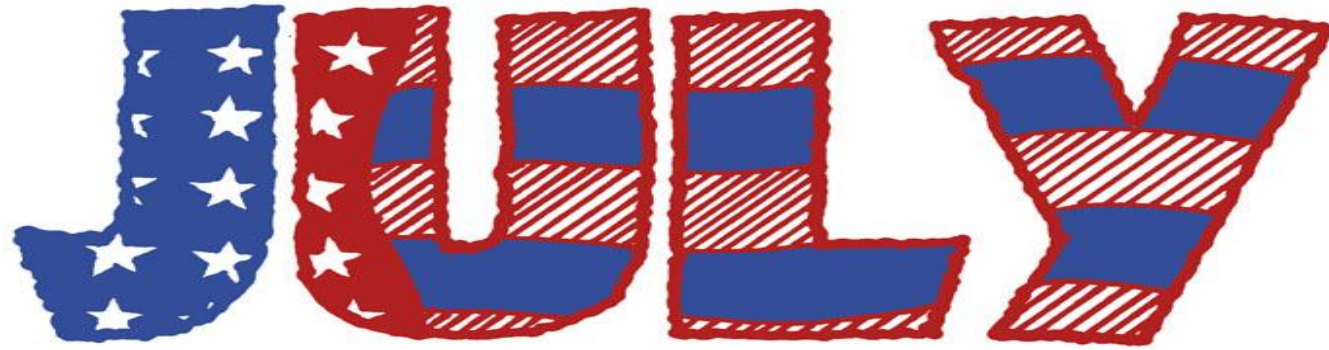


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Jokes & Java, AF 10:00 Musical Memories, 4 10:30 Digital Catholic Mass, 4SOL 1:30 Outdoor Visits ☀ 2:30 Matinee Movie, 4 4:00 Hand Care and Sensory Group, 4</p>	<p>2</p> <p>9:30 Meet and Greet, AF 10:00 Weather, News and Current Events, 4 10:30 AM Sensory, 4SOL 2:30 Open Recreation Room/Table Games, 4SOL 3:30 🎵 Personalized Playlists, 4SOL 4:00 Who Am I?, 4</p>	<p>3</p> <p>9:30 Wake-Up Visits, AF 10:00 Musical Memories, 4 10:30 Pizza Toss Game, 4 10:30 Picnic Lunch Outing 🚌 2:30 Caption This (ac), 4 3:00 Sunflower Paintings, 4SOL 4:00 Word Power, 4</p>	<p>4</p> <p>9:30 Morning Cheer, AF 10:00 Patriotic Music, 4 10:30 4th of July Parade Viewing (Look for the FNC Bus!), 4SOL 1:30 Relax & Chat, 4 2:30 American Pride Playlists, 4</p> <p style="text-align: center;"><i>Happy 4th of July!</i></p>	<p>5</p> <p>9:30 Rise and Shine, AF 10:30 July IQ, 4 11:00 Balloon Volley, 4 1:00 Outdoor Visits ☀ 2:00 Rosary, 3 SOL 2:30 Baseball/ Can Knockdown Game, 4 3:00 Aromatherapy, 4 3:30 Laundry Day, 4SOL 4:00 Waterfall Sensory Group, 4SOL</p>	<p>6</p> <p>9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, AF 10:30 Open Recreation Room/Table Games, 4 1:30 Outdoor Relax & Chat ☀ 2:30 Red, White and Blue Happy Hour, 4 2:30 \$BINGO, 4SOL 3:30 Trivial Pursuit, 4SOL 4:00 Balloon Volley, 4</p>	<p>7</p> <p>9:30 AM Wake- Up, AF 10:30 Coffee and Positive News, 4 1:30 Outdoor Relax & Chat ☀ 2:30 BINGO with National Charity League, 3 2:30 Afternoon Tea Party, 4 3:30 Love Songs, 4 4:00 Soft Music, 4</p>
<p>8</p> <p>9:30 Jokes & Java, AF 10:00 Musical Memories, 4 10:30 Clifton Church Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Pond Visits ☀ 2:30 Matinee Movie, 4 4:00 National Charity League Pet Therapy, AF</p>	<p>9</p> <p>9:30 Meet & Greet, AF 10:00 Weather, News and Current Events 10:30 Movin' & Groovin' Exercise, 4 11:00 Peppermint Sensory Group, 4 2:30 Table Games, 4SOL 3:30 Laundry Day, 4SOL 4:00 Chair Soccer, 4</p>	<p>10</p> <p>9:30 Wake-Up Visits, AF 10:30 Lunch Outing: Cracker Barrel 🚌 10:30 Jimmy Buffett and His Parrothead Fans (ac), 4 11:00 Positive News Stories, 4 2:30 Mandala Coloring Pages, 4SOL 3:30 Ball Exercises, 4 4:00 Word Power, 4</p>	<p>11</p> <p>9:30 Morning Cheer, AF 10:00 Range of Motion Exercise Group, 4 10:30 Picture Bingo, 4SOL 2:30 Wal-Mart Shopping Trip 🚌 2:30 🎵 Name that Tune, 4SOL 3:30 Bowling, 4 4:00 Read A Loud, 4SOL</p>	<p>12</p> <p>9:30 Rise and Shine, AF 10:30 Scenic Drive 🚌 10:30 Truro Church Service, 3 10:30 Balloon Volley, 4 1:30 Room Visits, 4 2:30 Getting to Know You Ball Toss, 4 3:30 Laundry Day, 4SOL 4:00 Wii Games, 4</p>	<p>13</p> <p>9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, All 10:30 🎵 Name that Tune, 4 11:00 Ball Toss, 4 2:30 Jewelry Making, 4SOL 3:00 Happy Hour Social, 4 3:30 \$ BINGO, 4 4:00 Hangman, 4</p>	<p>14</p> <p>9:30 AM Wake- Up, AF 10:30 Coffee and Positive News, 4 1:30 Wii Games, AF 2:30 Picture Bingo, 4SOL 2:30 Afternoon Tea Party, 4 4:00 Evening Stretch, 4</p>
<p>15</p> <p>9:30 Jokes & Java, AF 10:00 Musical Memories, 4 10:30 McLean Church Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Pond Visits, PO ☀ 2:00 Matinee Movie, 4 4:00 National Charity League Pet Therapy, AF</p>	<p>16</p> <p>9:30 Meet and Greet, AF 10:00 Weather, News and Current Events, 4 10:30 Citrus Sensory, 4 11:00 Movin' & Groovin' Exercise, 4 1:30 Relax & Chat, FP☀ 2:30 Open Recreation Room, 4SOL 3:30 🎵 Name that Tune, 4SOL 4:00 Who Am I?, 4</p>	<p>17</p> <p>9:30 Wake-Up Visits, AF 10:00 Musical Memories, 4 10:30 Picnic Lunch Outing 🚌 10:30 Baseball Can Knock Down Game, 4 1:30 Outdoor Relax & Chat ☀ 2:30 Discuss and Recall: a Future with Robots (ac), 4 4:00 Word Power, 4</p>	<h1 style="margin: 0;">4th Floor</h1> <h2 style="margin: 0;">FRNC Memory Care Activities</h2> 			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

4th Floor

FRNC Activities Calendar

July 2018

Location Key:

- 1 – 1st floor
- 2- 2nd floor
- 3- 3rd floor
- 3SOL – 3rd floor Solarium
- 4- 4th floor
- 4SOL – 4th Floor Solarium
- AF- All Floors/floor by floor
- 🚌 - Bus ride/outing
- ☀ - Outdoors

Activities are subject to change. Please see the daily sign posted at the nurses' station for updated.

18	<p>9:30 AM Cheer, AF</p> <p>10:00 Aromatherapy, 4</p> <p>10:30 Picture Bingo, 4SOL</p> <p>1:30 Outdoor visits ☀</p> <p><u>2:00 DC National Gallery of Art Trip</u> 🚌</p> <p>2:30 Laundry Day, 4SOL</p> <p>3:30 Time Slips Program with Merri, 4SOL</p> <p>4:00 "Go Fish" Card Game, 4SOL</p>	19	<p>9:30 Rise & Shine, AF</p> <p>10:00 Fun & Fitness, 4</p> <p>10:30 🎵 Karaoke Contest, 4</p> <p>1:30 Outdoor Visits ☀</p> <p><u>10:30 Scenic Drive</u> 🚌</p> <p>2:00 Rosary, 3 SOL</p> <p>2:30 Spelling Bee, 4</p> <p>3:30 Laundry Day, 4SOL</p> <p>4:00 Open Rec /Table Games, 4SOL</p>	20	<p>9:30 Wake-Up Call, AF</p> <p>10:30 St. Leo's Catholic Mass Service, 3</p> <p>10:30 Card Games, 3SOL</p> <p>2:30 Ice Cream Social, 4</p> <p>3:30 \$BINGO, 4SOL</p> <p>4:00 🎵 Musical Memories, 4SOL</p>	21	<p>9:30 AM Wake- Up, AF</p> <p>10:15 Hephzibah Youth Orchestra, 3</p> <p>10:30 Coffee and Positive News Stories, 4</p> <p>2:30 Picture Bingo, 4SOL</p> <p>2:30 Sensory Group, 4</p> <p>3:30 Cooking Show, 4</p> <p>4:00 Fresh Anoint Concert, 3</p> <p>4:00 Evening Stretch, 4</p>
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22	<p>9:30 Jokes & Java, AF</p> <p>10:00 Musical Memories, 4</p> <p>10:30 Digital Catholic Mass, 4SOL</p> <p>1:30 Pond Visits, PO ☀</p> <p>2:30 Matinee Movie, 4SOL</p> <p>4:00 Kingdom Seekers Praise and Worship Service with Pastor Tony, 4SOL</p>	23	<p>9:30 Meet & Greet, AF</p> <p>10:00 Weather, News and Current Events, 4</p> <p>10:30 Coffee Bean Sensory Program, 4</p> <p>1:30 Personalized Playlists – Music, 4</p> <p>2:30 Open Recreation Room/Table Games, 4SOL</p> <p>3:30 Laundry Day, 4SOL</p> <p>4:00 Chair Soccer, 4</p>	24	<p>9:30 Wake-Up Visits, AF</p> <p>10:00 Fun & Fitness, 4</p> <p><u>10:30 Lunch Outing: Bob Evan's</u> 🚌</p> <p>10:30 Getting to Know You Ball Toss, 4</p> <p>1:30 Room Visits, 4</p> <p>2:30 Mandala Coloring Pages, 4</p> <p>3:30 Matching Games, 4SOL</p> <p>4:00 Word Power, 4</p>	25	<p>9:30 AM Cheer, AF</p> <p>10:00 AM Stretch, 4</p> <p>10:30 Picture Bingo, 4SOL</p> <p><u>2:30 Scenic Drive</u> 🚌</p> <p>2:30 Resident Council Meeting, 3rd floor</p> <p>2:30 Fun & Fitness, 4</p> <p>3:30 Memorial Service, 3rd Floor</p> <p>4:00 Trivial Pursuit, 4</p>	26	<p>9:30 Rise & Shine, AF</p> <p>10:30 Getting to Know you Ball Toss, 4</p> <p>11:00 Name Five, 4</p> <p>1:30 Outdoor Relax & Chat ☀</p> <p><u>10:30 Scenic Drive</u> 🚌</p> <p>2:30 Famous Faces & Places, 4</p> <p>3:00 Laundry Day, 4</p> <p>4:00 Name that Tune, 4</p> <p>4:30 Activity Cart, 4</p>	27	<p>9:30 Wake-Up Call, AF</p> <p>10:00 St. Leo's Catholic Eucharist, AF</p> <p>10:30 Range of Motion Exercise, 4</p> <p>2:30 July Birthday Celebration Social, 4</p> <p>3:30 \$BINGO, 4SOL</p> <p>4:00 Jewelry Making Club, 4SOL</p>	28	<p>9:30 AM Wake-Up, AF</p> <p>10:30 Coffee and News Currents, 4</p> <p>10:30 Outdoor Sensory</p> <p>1:30 Outdoor Relax & Chat ☀</p> <p>2:30 BINGO, 4</p> <p>4:00 Balloon Volley, 4</p> <p>4:00 Evening Stretch, 4</p>
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29	<p>9:30 Jokes & Java, AF</p> <p>10:00 Musical Memories, 4</p> <p>10:30 Digital Catholic Mass, 4SOL</p> <p>10:30 Fun & Fitness Exercise Program, 4</p> <p>1:30 Outdoor Visits ☀</p> <p>2:00 Jerusalem Baptist Church Bible Study, 3</p> <p>2:30 Matinee Movie, 4</p> <p>4:00 Chair Soccer, 4</p>	30	<p>9:30 Meet & Greet, AF</p> <p>10:00 Weather, News and Current Events</p> <p>10:30 Peppermint Sensory Group, 4</p> <p>1:30 Pond Visits, PO ☀</p> <p>2:30 🎵 Karaoke Contest, 4</p> <p>3:30 Open Recreation Room/Table Games, 4SOL</p> <p>4:00 Who Am I?, 4</p>	31	<p>9:30 Wake-Up Visits, 2</p> <p>10:00 Musical Memories, 4</p> <p><u>10:30 Picnic Lunch Outing</u> 🚌</p> <p>10:30 Bowling, 4</p> <p>1:30 Book Nook ☀</p> <p>2:30 Junk Drawer Detective (ac), 4</p> <p>3:00 Make your own Poetry, 4SOL</p> <p>4:00 Word Power, 4</p>
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