

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>9:30 Jokes &amp; Java, AF  <b>10:30 Christian Jubilee Church Service, 3</b>  10:30 Digital Catholic Mass, 4SOL  1:30 Pond Visits, PO ☀  2:30 Matinee Movie, AF  4:00 Hand Care and Sensory Group, 1SOL</p>	<p><b>2</b></p> <p>9:30 Meet and Greet, AF  10:00 Aromatherapy, 3  10:30 Word Power, 3  <b>2:30 Old Dominion Duo LIVE Music Performance, 3<sup>rd</sup> Floor</b>  3:30 Range of Motion Exercise, 3  4:00 Afternoon Sensory Program, 3</p>	<p><b>3</b></p> <p>9:30 Wake-Up Visits, AF  10:30 Movin' &amp; Groovin' Exercise, 3  11:00 Dear Abby, 3  <b>10:30 Picnic Lunch Outing</b> 🚌  2:30 BINGO, 3  4:00 Resident Volleyball Game, 3</p>	<p><b>4</b></p> <p>9:30 Morning Cheer, AF  <b>10:00 4<sup>th</sup> of July Parade Viewing, 3</b>  10:30 🎵 LIVE! Patriotic Music with Tom Stringer, 3  2:30 Wii Games, 3  3:30 Bible Study with Chaplain Pervaiz, 3</p> <p><i>Happy 4<sup>th</sup> of July!</i></p>	<p><b>5</b></p> <p>9:30 Rise and Shine, AF  <b>10:30 July IQ, 3</b>  11:00 Healthy Tips and Tricks Discussion, 3  1:00 Pond Visits ☀  2:00 Rosary, 3 SOL  2:30 \$BINGO, 3  4:00 Wii Games, 1 SOL  4:00 Front Porch Tales, FP☀</p>	<p><b>6</b></p> <p>9:30 Wake-Up Call, AF  <b>10:00 St. Leo's Catholic Eucharist, AF</b>  10:30 Famous Faces and Places, 3  1:30 Pond Visits ☀  2:30 Card Games, 3  <b>3:00 Red, White and Blue Happy Hour, 3</b>  <b>3:30 Sing A Long with Noadia, 3</b>  4:00 Mini Golf, 3</p>	<p><b>7</b></p> <p>9:30 AM Wake- Up, AF  <b>10:30 Coffee and News Currents, 3</b>  1:30 Wii Fishing, 1SOL  <b>2:30 BINGO with National Charity League, 3</b>  <b>3:30 Afternoon Tea Party, 3</b>  4:30 Sunshine Visits ☀</p> 
<p><b>8</b></p> <p>9:30 Jokes &amp; Java, AF  <b>10:30 Clifton Church Service, 3</b>  10:30 Digital Catholic Mass, 4SOL  1:30 Pond Visits ☀  2:30 Matinee Movie, AF  <b>4:00 National Charity League Pet Therapy, AF</b>  4:00 Little Angel's Orchestra, 3</p>	<p><b>9</b></p> <p>9:30 Meet and Greet, AF  10:30 Table Ball, 3  1:30 1:1 Visits, FP ☀  2:00 Digital Jeopardy Game, 3  <b>3:30 Hand Bell Choir, 3</b>  4:00 Front Porch Stories, FP ☀  <b>7:30 Bingo with KOC, 3</b></p>	<p><b>10</b></p> <p>9:30 Wake-Up Visits, AF  <b>10:30 Lunch Outing: Cracker Barrel (rescheduled)</b> 🚌  10:30 Kickball, 3  11:00 Name Five/ Cognitive Games, 3  1:30 Dice Game, PO☀  2:30 Matinee Movie, 3  4:00 Watercolor Painting, 3</p>	<p><b>11</b></p> <p>9:30 Morning Cheer, AF  10:00 Range of Motion Exercise Group, 3  10:30 Travelogue, 3  <b>2:30 Wal-Mart Trip</b> 🚌  <b>2:00 Board Game Day with St. Mary's Youth Group, 3</b>  3:30 Wii Bowling, 1SOL  3:30 Bible Study, 3  4:00 Mad Libs, 1 SOL</p>	<p><b>12</b></p> <p>9:30 Rise and Shine, AF  <b>10:30 Scenic Drive</b> 🚌  <b>10:30 Truro Church Service, 3</b>  10:30 Range of Motion Exercise, 3  1:30 Pond Visits ☀  2:30 BINGO, 3  4:00 Book Nook, FP☀</p>	<p><b>13</b></p> <p>9:30 Wake-Up Call, AF  <b>10:00 St. Leo's Catholic Eucharist, All</b>  10:30 🎵 Personalized Playlists, 3  2:30 Ice Cream Social, 3  <b>4:00 Friday the 13<sup>th</sup> Phobia Dictionary (ac), 3</b></p>	<p><b>14</b></p> <p>9:30 AM Wake- Up, AF  10:30 Coffee and News Currents, 3  1:30 Wii Games, AF  2:30 BINGO, 3  4:00 Getting to Know You Program, PO ☀</p>
<p><b>15</b></p> <p>9:30 Jokes &amp; Java, AF  <b>10:30 McLean Church Service, 3</b>  10:30 Digital Catholic Mass, 4SOL  1:30 Pond Visits, PO ☀  2:00 Matinee Movie, AF  4:00 Wii Games, AF  <b>4:00 National Charity League Pet Therapy, AF</b></p>	<p><b>16</b></p> <p>9:30 Meet and Greet, AF  10:30 Trivial Pursuit Game, 3  1:30 Relax &amp; Chat, FP☀  2:30 Crossword Puzzles, 3  <b>3:30 Hand Bell Choir, 3</b>  4:00 Short Stories, FP ☀</p>	<p><b>17</b></p> <p>9:30 Wake-Up Visits, AF  <b>10:30 Picnic Lunch Outing</b> 🚌  10:30  1:30 Gardening ☀  2:30 BINGO, 3  4:00 Resident Volleyball Game, 3</p>	<h1>Main Floor (1st &amp; 3<sup>rd</sup> floors)</h1> <h2>FRNC Activities Calendar</h2> 			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Main Floor</b></p> <p><b>FRNC</b></p> <p><b>Activities</b></p> <p><b>Calendar</b></p> <p><b>July 2018</b></p>	<p><b>Location Key:</b></p> <p>1 – 1<sup>st</sup> floor</p> <p>2- 2<sup>nd</sup> floor</p> <p>3- 3<sup>rd</sup> floor</p> <p>3SOL – 3<sup>rd</sup> floor Solarium</p> <p>4- 4<sup>th</sup> floor</p> <p>4SOL – 4<sup>th</sup> Floor Solarium</p> <p>AF- All Floors/floor by floor</p> <p>☎ - Bus ride/outing</p> <p>☀ - Outdoors</p>	<p><b>Activities are subject to change. Please see the daily sign posted at the nurses' station for updated.</b></p>	<p>18</p> <p>9:30 AM Cheer, AF</p> <p>10:30 <b>Sponge Art, 3</b></p> <p>1:30 Pond Visits, PO ☀</p> <p>2:00 <b>DC National Gallery of Art Trip</b> ☎</p> <p>2:30 Dear Abby, 3</p> <p>3:00 Table Ball, 3</p> <p>3:30 <b>Bible Study, 3</b></p> <p>4:00 Card Games, 1SOL</p> <p>7:30 <b>Bingo with Lion's Club, 3</b></p>	<p>19</p> <p>9:30 Rise &amp; Shine, AF</p> <p>10:30 🎵 Sing A Long/Karaoke, 3</p> <p>1:30 Pond Visits, PO ☀</p> <p>10:30 <b>Scenic Drive</b> ☎</p> <p>2:00 Rosary, 3 SOL</p> <p>2:30 Matinee Movie, 3</p> <p>4:00 Open Rec /Table Games, 3</p>	<p>20</p> <p>9:30 Wake-Up Call, AF</p> <p>10:30 <b>St. Leo's Catholic Mass Service, 3</b></p> <p>10:30 Card Games, 3SOL</p> <p>2:30 <b>Ice Cream Social, 3</b></p> <p>3:00 🎵 Music with Chaplain Pervaiz, 3</p> <p>4:00 Wii Games, 1SOL</p>	<p>21</p> <p>9:30 AM Wake- Up, AF</p> <p>10:15 <b>Hephzibah Youth Orchestra, 3</b></p> <p>1:30 Personalized Playlists, 1SOL</p> <p>2:30 \$BINGO,3</p> <p>4:00 <b>Fresh Anoint Concert, 3</b></p>
<p>22</p> <p>9:30 Jokes &amp; Java, AF</p> <p>10:30 <b>Digital Catholic Mass, 3 &amp; 4SOL</b></p> <p>10:30 <b>Truro Church Service, 3</b></p> <p>1:30 Pond Visits, PO ☀</p> <p>2:30 Matinee Movie, 3</p> <p>4:00 Word Power, 3</p>	<p>23</p> <p>9:30 Meet &amp; Greet, AF</p> <p>10:30 <b>Famous Faces and Places Game, 3</b></p> <p>11:00 Balloon Volley, 3</p> <p>1:30 Pond Visits, PO ☀</p> <p>2:30 Digital Jeopardy Game, 3</p> <p>3:30 🎵 Hand Bell Choir, 3</p> <p>4:00 Book Nook, PO ☀</p>	<p>24</p> <p>9:30 Wake-Up Visits, AF</p> <p>10:30 <b>Lunch: Outing Bob Evan's</b> ☎</p> <p>10:30 Would You Rather Ball Toss Game, 3</p> <p>1:30 Wii Games, 1</p> <p>2:30 BINGO, 3</p> <p>3:30 Mad Libs, 3</p> <p>4:00 Chair Soccer, 3</p>	<p>25</p> <p>9:30 AM Cheer, AF</p> <p>10:30 Fun &amp; Fitness, 3</p> <p>11:00 🎵 Personalized Playlists, 3</p> <p>2:30 <b>Scenic Drive</b> ☎</p> <p>2:30 <b>Resident Council Meeting, 3</b></p> <p>3:30 <b>Memorial Service, 3</b></p> <p>4:00 Refreshments, 3</p>	<p>26</p> <p>9:30 Rise &amp; Shine, AF</p> <p>10:30 <b>Truro Church Service, 3</b></p> <p>1:30 Wii Ping Pong, 1SOL</p> <p>10:30 <b>Scenic Drive</b> ☎</p> <p>2:30 BINGO, 3</p> <p>4:00 <b>Activity Store, 3</b></p>	<p>27</p> <p>9:30 Wake-Up Call, AF</p> <p>10:00 <b>St. Leo's Catholic Eucharist, All Floors</b></p> <p>10:30 🎵 <b>Fiddle w/ Katy 3</b></p> <p>2:30 <b>July Birthday Celebration Social, 3</b></p> <p>3:00 🎵 Music with Chaplain Pervaiz</p> <p>4:00 Word Power, 3</p>	<p>28</p> <p>9:30 AM Wake-Up, AF</p> <p>10:30 <b>Coffee and News Currents, 3</b></p> <p>10:30 Outdoor Sensory Group, PO ☀</p> <p>1:30 Wii Games, 1</p> <p>2:30 <b>BINGO with Balavikas, 3</b></p> <p>4:00 Wii Games, 1SOL</p>
<p>29</p> <p>9:30 Jokes &amp; Java, AF</p> <p>10:30 <b>Digital Catholic Mass, 4SOL</b></p> <p>10:30 Fun &amp; Fitness Exercise Program, 3</p> <p>1:30 Pond Visits, PO ☀</p> <p>2:00 <b>Jerusalem Baptist Church Bible Study, 3</b></p> <p>2:30 Matinee Movie, 3</p> <p>4:00 Boggle, 3</p>	<p>30</p> <p>9:30 Meet &amp; Greet, AF</p> <p>10:30 Bowling, 3</p> <p>1:30 Pond Visits, PO ☀</p> <p>2:30 Crossword Puzzles, 3</p> <p>3:30 🎵 Hand Bell Choir, 3</p> <p>4:00 Clay Sculpting Craft, 3</p>	<p>31</p> <p>9:30 Wake-Up Visits, AF</p> <p>10:30 <b>Picnic Lunch Outing</b> ☎</p> <p>10:30 Wii Sports, 3</p> <p>11:00 Name Five/Categories Game, 3</p> <p>1:30 Book Nook, FP ☀</p> <p>2:30 BINGO, 3</p> <p>4:00 Resident Volley Ball Game, 3</p>	<p><b>Main Floor (1st &amp; 3<sup>rd</sup> floors)</b></p> <p><b>FRNC Activities Calendar</b></p> <p><b>JULY</b></p>			