

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Memory Care Activities Calendar

These programs take place on the 2nd and 4th floors unless otherwise indicated (see key).

Location Key

1st Floor= 1SOL
2nd Floor= 2
3rd Floor =3
4th Floor= 4SOL
FP= Front Porch
PO= Pond
AF= All Floors

9:30 Wake-Up Call, AF¹
10:00 Catholic Eucharist, AF
10:30 Chair Soccer
2:00 Card Games
3:00 Personalized Playlists
3:30 National Donut Day Social, 2 & 4
4:00 Famous Faces
7:00 Outdoor Sensory

9:30 AM Wake- Up, AF²
10:00 AM Stretch
10:30 Ball Toss
2:30 BINGO with National Charity League, 3rd floor
2:30 Matching Games
3:00 Waterfall Sensory
3:30 Relax & Chat ☀
7:00 Soft Music

3
9:30 Jokes & Java
10:00 Hymn Sing, 2
10:30 Christian Jubilee Church Service, 3
10:30 Digital Catholic Mass, 4SOL
1:30 Reading Circle ☀
2:00 Matinee Movie
2:30 Love Songs
4:30 Tactile Discs
7:00 Bedtime Cart

4
9:30 Meet & Greet
10:00 Exercise, 4SOL
10:30 Nashville Standard LIVE! Music Performance, 2nd
1:30 Personalized Playlists- Music, 4SOL
2:30 Puzzle Time
3:30 Coloring Pages
4:00 1:1 visits
7:00 Sensory Lights, 2

5
9:30 Wake-Up Visits
10:00 Exercise Group
10:30 \$ Lunch Outing: Anita's 🚌
10:30 Sensory Group
1:30 Reading Circle,4
2:30 BINGO, 3
2:30 Pizza Toss ☀
3:00 Puzzle Time
4:00 Sing A Long
7:00 Bedtime Cart

6
9:30 Morning Cheer
10:00 🎵 Music with Dr. Laura Hills, 2nd Floor
10:30 Capital Music Therapy, 4th Floor
2:30 \$ Wal-Mart Trip 🚌
2:30 Hand Care
3:30 Chair Soccer
3:30 Aromatherapy
4:00 Balloon Toss
7:00 Love Songs

7
9:30 Rise and Shine
10:30 Getting to Know You Ball Toss ☀
11:00 Name that Tune
11:00 June IQ
2:00 Rosary, 3SOL
2:30 \$BINGO, 3
2:30 Spa Day
3:30 Matching Games
4:00 Sing A Long
7:00 Sensory Group

8
9:30 Wake-Up Call, AF
10:00 Catholic Eucharist, AF
10:00 Stretch it Out
2:30 Ice Cream Social, 2
3:00 Sensory Group
4:00 Ball Toss, AF
7:00 Relax and Chat☀

9
9:30 AM Wake- Up, AF
10:00 Stretch it Out
10:30 Positive Messages
1:30 Wii Games, 4SOL
2:30 BINGO, 3
2:30 Puzzle Time
3:00 Tactile Discs
4:00 Getting to Know You Program, PO ☀
7:00 Bedtime Cart

10
9:30 Jokes & Java, AF
10:00 Hymn Sing,2
10:30 Digital Catholic Mass, 4SOL
1:30 Personalized Playlists, 4SOL ☀
2:00 Matinee Movie
2:30 Dance it Out
3:00 Crafty Corner
4:00 Table Games
7:00 Sensory Group

11
9:30 Meet & Greet
10:00 Chair Yoga
10:30 Musical Memories
2:00 Dice Games
2:30 Open Recreation Room
3:30 Pizza Toss
4:00 Who Am I?
7:00 Love Songs
7:30 Bingo with KOC, 3

12
9:30 Wake-Up Visits, AF
10:30 Picnic Lunch Outing 🚌
10:30 Movin' & Groovin' Exercise
2:00 Karaoke
2:30 Slow Movement Exercise Group
3:00 Crafty Corner
4:00 Gardening ☀
7:00 Soft Music

13
9:30 Morning Cheer
10:00 Fun & Fitness
10:30 Balloon Toss ☀
2:30 Scenic Drive 🚌
2:30 Famous Faces and Places
3:30 Waterfall Sensory Relaxation Program
4:00 Chair Soccer
7:00 Sensory Group ☀

14
9:30 Rise and Shine
10:30 Scenic Drive 🚌
10:30 Truro Church Service, 3
10:30 Hunter O'Neil Music, 4SOL
10:30 AM Stretch, 2
1:30 Name that Tune
2:30 BINGO, 3
2:30 Tactile Discs
4:00 Book Nook ☀
7:00 Bedtime Cart

15
9:30 Wake-Up Call
10:00 St. Leo's Catholic Mass, 3
10:30 Volleyball
2:30 Jewelry Making
3:00 Sensory Group
3:30 Summer Smoothies ☀
4:00 Movin' & Groovin' Exercise
7:00 Sensory Group

16
9:30 AM Wake- Up, AF
10:00 Ball Toss
10:30 Name that Tune
1:30 Relax & Chat ☀
2:30 \$BINGO,3
2:30 Afternoon Tea
4:00 Fresh Anoint, 3rd
4:00 Sorting Games
7:00 iSpy Outdoors ☀

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Memory Care Activities Calendar

These programs take place on the 2nd and 4th floors unless otherwise

Calendar Icons

- Outing
- Musical Program
- Spiritual Program
- Outdoor Activity
- Resident Cost

If you wish to attend a bus ride or outing, please see an activity team member. These events have limited number of seats.

Location Key

- 1st Floor= 1SOL
- 2nd Floor= 2
- 3rd Floor =3
- 4th Floor= 4SOL
- FP= Front Porch
- PO= Pond

Activities are subject to change. Any additions or changes to the calendar will be posted on the daily schedule.

Each activity runs for a minimum of 30 minutes.

17	18	19	20	21	22	23
<p>9:30 Jokes & Java</p> <p>10:00 Hymn Sing, 2</p> <p>10:30 McLean Church Service, 3</p> <p>10:30 Digital Catholic Mass, <u>2SOL</u></p> <p>1:30 Reading Circle</p> <p>2:00 Matinee Movie</p> <p>4:00 Porch Visits ☀</p> <p>7:00 Hand Care</p>	<p>9:30 Meet & Greet</p> <p>10:00 Resident Volleyball Game</p> <p>2:30 Outdoor Sensory Group ☀</p> <p>3:00 Animal Card Sorting/Pairing Game</p> <p>3:30 District Music Performance, 2nd Floor</p> <p>4:00 Gardening ☀</p> <p>7:00 Soft Music</p>	<p>9:30 Wake-Up Visits, AF</p> <p>10:30 \$ Lunch Outing: Cracker Barrel </p> <p>10:30 Wellness with Robbin (30mins), 2/4</p> <p>2:30 BINGO, 3</p> <p>2:30 Tactile Dominoes</p> <p>3:00 Sing A Long</p> <p>4:00 Table Games</p> <p>7:00 Piano Music</p>	<p>9:30 AM Cheer, AF</p> <p>10:00 Light Stretching</p> <p>10:30 Balloon Toss</p> <p>2:30 Porch Relax & Chat ☀</p> <p>3:30 Pizza Toss</p> <p>4:00 Aromatherapy</p> <p>7:30 Bingo with Lion's Club, 3</p> <p>7:00 Sensory Group</p>	<p>9:30 Rise & Shine, AF</p> <p>10:30 Sing A Long</p> <p>10:30 Scenic Drive </p> <p>2:00 Rosary, 3 SOL</p> <p>2:30 BINGO,3</p> <p>2:30 Cranium Crunches</p> <p>3:00 Ball Toss Game</p> <p>3:30 Coloring Pages</p> <p>4:00 Open Rec Room</p> <p>7:00 Porch Visits ☀</p>	<p>9:30 Wake-Up Call, AF</p> <p>10:00 Catholic Eucharist, AF</p> <p>10:30 Chair Soccer</p> <p>1:30 Sunshine Visits</p> <p>2:30 Card Games</p> <p>3:00 Outdoor iSpy</p> <p>3:30 Happy Hour Social</p> <p>4:00 Famous Faces</p> <p>7:00 Bedtime Cart</p>	<p>9:30 AM Wake- Up, AF</p> <p>10:30 Coffee and News Currents, 3</p> <p>10:30 Outdoor Sensory Group, PO ☀</p> <p>2:30 BINGO with Balavikas, 3</p> <p>2:30 Afternoon Tea</p> <p>3:30 Reading Circle</p> <p>4:00 Dice Games</p> <p>7:00 Porch Visits ☀</p>
24	25	26	27	28	29	30
<p>9:30 Jokes & Java</p> <p>10:00 Hymn Sing, 2</p> <p>10:30 Truro Church Service, 3</p> <p>10:30 Digital Catholic Mass, <u>2SOL</u></p> <p>1:30 Reading Circle ☀</p> <p>2:00 Matinee Movie</p> <p>2:30 Coloring Pages</p> <p>3:00 Table Games</p> <p>4:00 Relax & Chat ☀</p> <p>7:00 Love Songs</p>	<p>9:30 Meet & Greet, AF</p> <p>10:30 Stretch it Out</p> <p>11:00 Name Five/Categories, PO ☀</p> <p>2:30 Reading Circle</p> <p>3:30 Mini Golf</p> <p>4:00 Puzzles & Ponderings</p> <p>7:00 Relax and Chat</p>	<p>9:30 Wake-Up Visits</p> <p>10:30 Picnic Lunch Outing </p> <p>10:30 Would You Rather Ball Toss, 2 & 4</p> <p>2:30 Reading Circle ☀</p> <p>3:00 Sensory Group</p> <p>3:30 Puzzle Time</p> <p>4:00 Name that Tune</p> <p>7:00 Hand Care</p>	<p>9:30 AM Cheer, AF</p> <p>10:30 Pizza Toss Game</p> <p>2:30 Resident Council Meeting, 3rd floor</p> <p>2:30 Reminisce ☀</p> <p>3:30 Puzzle Time</p> <p>3:30 Memorial Service, 3rd Floor</p> <p>4:00 Name that Tune</p> <p>7:00 Jazz Music</p>	<p>9:30 Rise & Shine, AF</p> <p>10:00 Ball Toss ☀</p> <p>10:30 Scenic Drive </p> <p>2:30 BINGO, 3</p> <p>2:30 Bowling</p> <p>2:30 Aromatherapy</p> <p>3:30 Name that Tune</p> <p>4:00 Porch Visits ☀</p> <p>4:00 Activity Store, 3</p> <p>7:00 Piano Tunes</p>	<p>9:30 Wake-Up Call</p> <p>10:00 Catholic Eucharist, AF</p> <p>10:30 Range of Motion Exercise</p> <p>2:30 Birthday Social, 3</p> <p>3:30 Balloon Toss</p> <p>4:00 Spelling Bee</p> <p>7:00 Relax & Chat ☀</p>	<p>9:30 AM Wake- Up, AF</p> <p>10:00 AM Stretch</p> <p>10:30 Ball Toss</p> <p>2:30 BINGO, 3</p> <p>2:30 Matching Games</p> <p>3:00 Personalized Playlists</p> <p>3:30 Relax & Chat ☀</p> <p>7:00 Sensory Group</p>