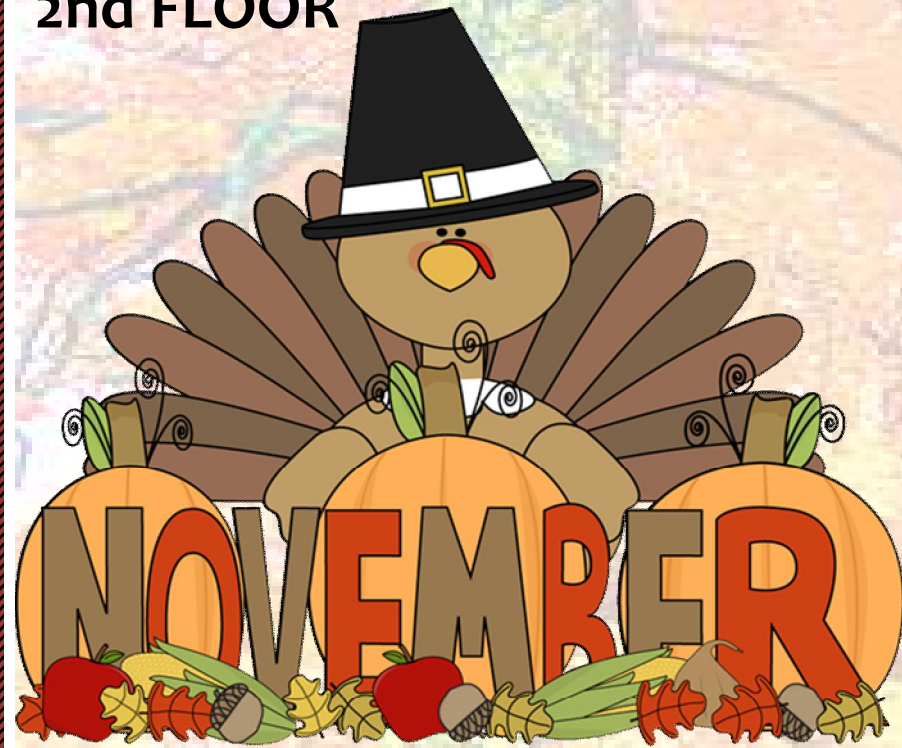



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

2nd FLOOR



<p>1</p> <p>10:00 Movin' & Groovin'</p> <p>10:30 Musical Memories: Frank Sinatra</p> <p>10:30 Picnic Lunch</p> <p>Outing 🚗</p> <p>1:30 Trivia, All</p> <p>2:30 Music w/ Chaplain</p> <p>2:30 Bingo, 3</p> <p>2:30 Bowling</p> <p>4:00 Men's Club, 3 SOL</p> <p>7:30 PM Stretch</p>	<p>2</p> <p>10:00 Morning Stretch</p> <p>10:30 Balloon VolleyBall</p> <p>1:30 Room Visits</p> <p>2:30 Wal-Mart Shopping Trip 🚗</p> <p>1:30 Paige Ballard Music</p> <p>2:30 Wheelchair Salsa Dancing</p> <p>3:30 Bible Study, 3</p> <p>4:30 Watercolor Painting</p> <p>7:30 Aromatherapy</p>	<p>3</p> <p>10:00 Exercise</p> <p>10:00 Chaplain Visits</p> <p>10:30 Word Power, 3</p> <p>1:30 Personalized Playlists</p> <p>2:30 Music w/Chaplain</p> <p>2:30 Rosaries, All</p> <p>2:30 Bingo, 3</p> <p>2:30 All about Giving</p> <p>3:30 Recreation and leisure Cart</p> <p>4:00 Bocci</p> <p>7:30 WHOGA</p>	<p>4</p> <p>9:30 Zumba</p> <p>10:00 Chaplain Room Visits, All</p> <p>10:00 Catholic Eucharist, All</p> <p>10:30 Personalized Playlists</p> <p>1:30 Balloon Toss</p> <p>2:30 Music w/ Chaplain Pervaiz</p> <p>2:30 Happy Hour</p> <p>3:30 Would you Rather</p> <p>7:30 Movie Night</p>	<p>5</p> <p>9:30 Exercise, 3 & 4</p> <p>10:30 Travelogue, 3</p> <p>1:30 Outdoor Visits, All</p> <p>2:30 Bingo w/ National Charity League, 3</p> <p>4:00 Word Power, 3</p> <p>7:30 Rock and Roll Sing A Long</p>		
<p>6</p> <p>10:00 Movin' & Groovin'</p> <p>10:30 Jubilee Church Group, 3</p> <p>10:30 Digital Catholic Mass 1 & 4 SOL</p> <p>10:30 Coffee and the News</p> <p>1:30 Front Porch Activities</p> <p>2:30 Matinee Movie, 3</p> <p>2:30 Sing A Long</p> <p>7:30 Hand Care</p>	<p>7</p> <p>9:30 Exercise Group</p> <p>10:30 Tukey Bowl</p> <p>1:30 Personalized Playlists – Music</p> <p>2:30 Freeze Dance</p> <p>2:30 Music w/ Chaplain Pervaiz</p> <p>3:30 Old Dominion Duo ★</p> <p>4:00 Puzzles and Matching Games</p>	<p>8</p>  <p>10:00 Exercise 3+4</p> <p>10:30 Outing: Polls to Vote</p> <p>10:30 Election Day News & Discussion</p> <p>1:30 Pond Visits</p> <p>2:30 Bingo, 3</p> <p>4:00 Presidential Trivia</p> <p>7:00 Election Results & Party,</p> <p>THIRD FLOOR</p>	<p>9</p> <p>9:30 Exercise Group</p> <p>10:30 Card Games, 3</p> <p>1:30 Resident Music Hour, All</p> <p>2:30 Paige Ballard Music, 3 ★</p> <p>3:30 Personalized playlist</p> <p>4:30 Would You Rather ball toss, 3</p> <p>7:30 Tea and Cookies</p>	<p>10</p> <p>9:30 Exercise Group</p> <p>10:00 Catholic Eucharist, All</p> <p>10:30 Truro Church Group, 3</p> <p>10:00 Room Visits</p> <p>10:30 Bus Ride: Historic Blenheim 🚗</p> <p>1:30 Personalized Playlists, All</p> <p>2:30 Music w/ Chaplain</p> <p>2:30 Bingo, 3</p> <p>4:00 Name that Tune, 3 SOL</p> <p>7:30 Bowling</p>	<p>11</p> <p>9:30 Zumba 3 + 4</p> <p>10:00 Chaplain Visits,</p> <p>10:00 Music w/ Laura Hill ★</p> <p>1:30 Library on Wheels, 1</p> <p>2:30 Music w/ Chaplain Pervaiz</p> <p>2:30 Veteran's Poppy pinning</p> <p>3:30 Red White and Blue Mock tails, 3</p> <p>4:30 Patriotic Puzzles</p> <p>7:30 American Pride Sing a long</p>	<p>12</p> <p>9:30 Beginners WHOGA, 3</p> <p>10:30 Scattegories, 3</p> <p>1:30 Reading Group, 1</p> <p>2:30 Music with Jocelyn Jackson, 3 ★</p> <p>4:00 Personalized Playlists – Music</p> <p>7:30 Movie Night</p>

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p align="right">13</p> <p>10:30 Clifton Presbyterian Church, 3 10:30 Digital Catholic Mass 1 & 4 SOL 1:30 Personalized Trivial Pursuit Game, 1 2:00 Scenic Bus Ride: Resident's Choice 🚗 2:30 Matinee Movie, 3 4:30 Room Visits, All 7:30 Thankful Discussion</p>	<p align="right">14</p> <p>9:30 Morning Stretch 10:30 Sensory Group, 3 SOL 1:30 Name 5, 1 2:30 Music w/Chaplain 3:30 Senior Band 4:30 Hand Care, All 7:00 Bingo w/ Knights of Columbus ★</p>	<p align="right">15</p> <p>9:30 Zumba 10:30 Pairing Games 10:30 Music with Tina, 3 ★ 10:30 Lunch Outing: Dave's BBQ 🚗 1:30 Scattogories, 3 2:30 Bingo, 3 4:00 Book Nook, 3 & 4 SOL 7:30 Watercolor Art</p>	<p align="right">16</p> <p>9:30 Exercise, 3 & 4 10:30 Golden Girls Day, 4 SOL 1:30 Front Porch Activities, All 2:30 Nova Chordal, 3 ★ 2:30 Dollar Store Outing 🚗 4:00 Word Power, 3 7:30 Bingo w/ Lion's Club</p>	<p align="right">17</p> <p>9:30 Wheelchair Yoga 10:30 Thankful Jars 10:30 Scenic Bus Ride: Buke Lake 🚗 1:30 Wii Games, 3 2:30 Music/Chaplain 2:30 Rosaries, All 2:30 Bingo, 3 4:00 Pond visits, All 7:30 Senior Sez</p>	<p align="right">18</p> <p>9:30 Intro to Zumba 10:00 Chaplain Visits 10:30 Catholic Mass 10:30 Adult Coloring: 3 SOL 2:30 Music w/Chaplain Pervaiz 2:30 Bingo, 3 2:30 7:30 Little Angels Orchestra, 3 ★</p>	<p align="right">19</p> <p>10:15 Hephzibah Orchestra Concert ★ 10:30 Room Visits 1:30 Fact or Fiction, 1 SOL 2:30 Humor Hour 4:00 Fresh Anoint ★ Music Performance 7:30 Jeopardy</p>
<p align="right">20</p> <p>10:30 McLean Church Group, 3 10:30 Digital Catholic Mass 1 & 4 SOL 1:30 Reading Group 2:30 Matinee Movie, 3 4:00 Outdoor Visits 7:30 Wheel of Fortune</p>	<p align="right">21</p> <p>9:30 Morning Stretch 10:30 Table Volleyball, 3 1:30 Pond visits 2:30 Music w/Chaplain Pervaiz 2:30 District Music 4:30 Poetry, 1 SOL 7:00 Steven's Piano Studio ★</p>	<p align="right">22</p> <p>9:30 Exercise Group 10:30 Pet Therapy 10:30 Picnic Lunch Outing 🚗 1:30 Music w/Chaplain Pervaiz 1:30 Library on Wheels 2:30 Dear Abby 3:30 Card Games 4:00 Karaoke 7:30 Elvis Night</p>	<p align="right">23</p> <p>9:30 Morning Stretch 10:30 The Beat Goes On Music Group ★ 1:30 Hangman, 3 2:30 Scenic Bus Ride: Bull Run Winery 🚗 2:30 Cooking Demo: Real v. box stuffing 4:00 Word Power, 3 7:30 Hand Care</p>	<p align="right">24</p> <p>9:30 Macy's Day Thanks Giving Parade 1:30 Room Visits 2:30 Thanksgiving Celebration, 3 4:00 True or Turkey 7:30 Thanks Giving</p> 	<p align="right">25</p> <p>9:30 Exercise 3 & 4 10:00 Chaplain Room Visits 10:00 Catholic Eucharist 1:30 Pet Therapy visits 2:30 Music w/Chaplain Pervaiz, All 2:30 Birthday Social 4:00 Dice Games</p>	<p align="right">26</p> <p>9:30 Sunrise Wheelchair Yoga 10:30 Crossword, 3 1:30 Horoscopes 2:30 Bingo ★ Balavikas, 3 3:30 Praise and Worship, 3 4:30 Sing A Long 7:30 Cranium Crunches</p>
<p align="right">27</p> <p>9:30 Morning Stretch 10:30 Pie Sampling 10:30 Digital Catholic Mass 1:30 Personalized Playlists 2:00 Bus Ride: Gainesville 🚗 2:30 Matinee Movie, 3 4:30 Pond Visits, All 7:30 Dominos</p>	<p align="right">28</p> <p>9:30 Exercise Group 10:30 Paper plate thankfulness spinner 1:30 Recreation Cart 2:30 Card Games 2:30 Music w/Chaplain Pervaiz 4:30 Afternoon Stretch 7:30 Aromatherapy</p>	<p align="right">29</p> <p>9:30 Exercise Group 10:30 Lunch Outing: Red Lobster 🚗 10:30 Card Making, 3 1:30 Sing A Long, 3 & 4 2:30 Bingo, 3 2:30 Matching Games 3:30 Word Power, 3 4:30 Guess Who! 7:30 Sensory Group</p>	<p align="right">30</p> <p>9:30 Exercise 10:30 Teacher Day 1:30 Fish Watching 2:30 Resident Council, 3 2:30 Scenic Bus Ride: Merrifield* 🚗 3:30 Memorial Service, 3 4:00 Trivia, All</p>	