

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Main floor
(1st and 3rd Floor)
Activities
Calendar

Fairfax
Rehabilitation and
Nursing Center

<p>1</p> <p>9:30 Meet and Greet, AF 10:30 Range of Motion Exercise, 3 11:00 Famous Faces & Places, 3 1:30 Pond Visits, 1/PO ☀ 2:00 Making Art w/ The Center for Well-Being and Resiliency, 3 3:30 Word Power, 3 4:00 Porch Tales, FP ☀</p>	<p>2</p> <p>9:30 Wake-Up Visits, AF 10:30 \$ Picnic Lunch: Red Lobster 🚗 10:30 Bowling, 3 1:30 Book Nook, FP 2:30 BINGO, 3 3:30 Balloon Toss, 3 4:00 Resident's Choice Games/Open Recreation Room, 3</p>	<p>3</p> <p>9:30 Morning Cheer, AF 10:30 Table Games, 3 1:30 Outdoor Visits ☀ 2:00 \$ Wal-Mart Trip 🚗 2:30 Matinee Movie, 3 Netflix Wildcard 3:30 Bible Study w/ Chaplain Pervaiz, 3SOL 4:30 Crossword Puzzle, 1SOL</p>	<p>4</p> <p>9:30 Rise and Shine, AF 10:30 Volleyball, 3 11:00 Personalized Playlists, 3 11:00 October IQ, 3 1:30 Table Games, 4SOL 2:00 Rosary, 3SOL 2:30 \$BINGO, 3 4:00 Spa Day, 1SOL 4:30 Stories on the Porch, FP</p>	<p>5</p> <p>9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, AF 10:30 Famous Faces and Places Game, 3 1:30 Sunshine Visits, FP 2:30 German Oktober Festival with accordion music by Roberta, 3 4:30 Evening Movie, 3 Netflix Wildcard</p>	<p>6</p> <p>9:30 AM Wake- Up, AF 10:30 Coffee and News Currents, 3 1:30 Pond Visits, 1 2:30 BINGO with National Charity League, 3 4:00 Wii Games, 1</p>
<p>7</p> <p>9:30 Jokes & Java, AF 10:30 Jubilee Church Service, 3 10:30 Digital Catholic Mass, 4SOL 1:30 Afternoon Relax and Chat, 3 2:30 Matinee Movie, 3 Netflix Wildcard 4:00 Word Power, 3</p>	<p>8</p> <p>9:30 Meet and Greet, AF 10:30 Bowling, 3 1:30 1:1 Visits, FP ☀ 2:00 Columbus Day Trivia and Discussion (ac), 3 3:00 🎵 Sing A Long, 3 4:00 Cross the Ocean Board Game (ac), 3 7:30 Bingo with KOC, 3</p>	<p>9</p> <p>9:30 Wake-Up Visits, AF 10:30 Picnic Lunch Outing 🚗 10:30 Name Five/ Cognitive Games, 3 11:00 Dice Games, 3 1:30 Room Visits, 3 2:30 Matinee Movie, 3 Netflix Wildcard 4:00 Front Porch Tales, FP ☀</p>	<p>10</p> <p>9:30 Morning Cheer, AF 10:30 Movin' & Groovin', 3 11:00 Trivia, 3 2:30 Scenic Drive 🚗 2:30 🎵 NOVA Choral Performance, 3 3:30 Uno/Cards, 3SOL 3:30 Bible Study with Chaplain Pervaiz, 3 4:00 Mad Libs, 1SOL</p>	<p>11</p> <p>9:30 Rise and Shine, AF 10:30 Truro Church Service, 3 10:30 Sensory Group, 3SOL 1:30 Personalized Playlists, 1 & 3 2:30 BINGO, 3 4:00 Word Power, 3 4:30 Room Visits, 1</p>	<p>12</p> <p>9:30 Wake-Up Call, AF 10:00 St. Leo's Catholic Eucharist, AF 10:30 🎵 Music Appreciation with Dr. Laura Hills, 3 1:30 Book Nook, FP ☀ 2:30 Mocktails, 3 3:00 🎵 Music with Chaplain Pervaiz, 3 4:30 Evening Movie, 3 Netflix Wildcard</p>
<p>14</p> <p>9:30 Jokes & Java, AF 10:30 Fun & Fitness Exercise, 3 10:30 Digital Catholic Mass, 4SOL 2:00 Jerusalem Baptist Church Service, 3 2:30 Matinee Movie, 3 Netflix Wildcard 4:00 NCL Pet Therapy Visit, 3</p>	<p>15</p> <p>9:30 Meet and Greet, AF 10:30 Resident Volleyball Game, 3 1:30 Relax & Chat, 1 2:30 Who Am I? Game (ac), 3 3:30 🎵 Hand Bell Choir, 3 4:00 Pond Visits, PO</p>	<p>16</p> <p>9:30 Wake-Up Visits, AF 10:30 Picnic Lunch Outing 🚗 10:30 Name Five/ Cognitive Games, AF 11:00 Dice Game 2:30 Matinee Movie, 3 Netflix Wildcard 4:00 Front Porch Tales, FP ☀</p>	<p>17</p> <p>9:30 AM Cheer, AF 10:30 Fun & Fitness, 3 11:00 Dear Abby, 3 1:30 Front Porch Sunshine Visits, 3 2:30 Zumba, 3 2:00 Hartland Farm Apple Picking 🚗 3:30 Bible Study, 3 4:00 Scrabble, 1SOL 7:30 Lion's Club Bingo, 3</p>		




Main floor

(1st and 3rd Floor)

Activities Calendar

Fairfax Rehabilitation and Nursing Center

Calendar Icons

-  **Outing**
-  **Musical Program**
-  **Spiritual Program**
-  **Outdoor Activity**
-  **Resident Cost**

Location Key:

- 1st Floor= 1SOL**
- 2nd Floor= 2**
- 3rd Floor =3**
- 4th Floor= 4SOL**
- FP= Front Porch**
- PO= Pond**

Please call Ext. 3218 or 3225 for assistance related to Activity programming

21
9:30 Jokes & Java, AF
10:30 McLean Church Service, 3
10:30 Digital Catholic Mass, 4SOL
1:30 Pond Visits, PO ☀️
2:30 Matinee Movie, 3
 Netflix Wildcard
4:00 Bowling, 3

22
9:30 Meet and Greet, AF
10:30 Bowling Club, 3
11:00 Name 5/Categories, 3
1:30 Relax & Chat, 1
2:30 Who Am I? Game (ac), 3
3:30 🎵 Hand Bell Choir, 3
4:00 Afternoon Cheer, 3

23
9:30 Wake-Up Visits, AF
10:30 \$ Lunch Outing: Cracker Barrel 🚌
10:30 Chair Soccer, 3
11:00 Trivial Pursuit, 3
1:30 Wii Games, 1
2:30 BINGO, 3
4:00 Resident Choice Games, 3

24
9:30 Morning Cheer, AF
10:30 Movin' & Groovin', 3
2:00 Bus Outing: Cox Farm Pumpkin Picking 🚌
2:30 Personalized Playlists, 3
3:30 Bible Study w/ Chaplain Pervaiz, 3
4:00 Mad Libs, 1SOL

18
9:30 Rise & Shine, AF
10:30 Karaoke, 3
1:30 Front Porch Tales, FP ☀️
10:30 Scenic Drive 🚌
2:00 Rosary, 3 SOL
2:30 BINGO, 3
4:00 Table Games, 3
4:00 Afternoon Visits, 3

19
9:30 Wake-Up Call, AF
10:30 St. Leo's Catholic Mass, 3
10:30 Personalized Playlists, 3SOL
2:00 Kitchen Corner, 3
3:00 🎵 Music with Chaplain Pervaiz,
4:00 Pond Visits, PO ☀️
4:30 Evening Movie, 3

20
9:30 AM Wake- Up, AF
10:30 News Currents, 3
1:30 Personalized Playlists, 1SOL
2:30 BINGO, 3
4:00 Fresh Anoint Orchestra Performance, 3

28
9:30 Jokes & Java, AF
10:30 Digital Catholic Mass, 4SOL
10:30 Truro Church Service, 3
1:30 Pond Visits, PO ☀️
2:30 Matinee Movie, 3
 Netflix Wildcard
4:00 Word Power, 3

29
9:30 Meet & Greet, AF
10:30 Movin' & Groovin' Exercise, 3
11:00 Random Trivia, 3
1:30 Outdoor/Room Visits, 1
2:30 Digital Jeopardy Game, 3
3:30 🎵 Hand Bell Choir Concert, 3
4:30 Sunshine Visits, FP☀️

30
9:30 Wake-Up Visits, AF
10:30 Picnic Lunch Outing 🚌
10:30 Would You Rather Ball Toss, 3
11:00 Name Five/Categories, 3
2:30 BINGO, 3
3:30 Mad Libs, 3
4:00 Name that Tune, 3

31
9:30 Am Cheer, AF
10:30 Monster Mash Bash with Pumpkin Painting, 1SOL + 3
1:30 Trick or Treat Visits, AF
2:30 Scenic Drive 🚌
2:30 Resident Council Meeting, 3
3:30 Memorial Service with Chaplain Pervaiz, 3
4:00 Halloween Hangman (ac), 1SOL

25
9:30 Rise & Shine, AF
10:30 Open Recreation Room/Resident's Choice, 3
1:30 Front Porch Tales, FP ☀️
10:30 Scenic Drive 🚌
2:00 Rosary, 3 SOL
2:30 BINGO, 3
4:00 Table Games, 3
4:00 Pond Visits, 1 ☀️

26
9:30 Wake-Up Call, AF
10:00 St. Leo's Catholic Eucharist, AF
10:30 Chair Yoga, 3
1:30 Trivia, FP
2:30 October Birthday Party Celebration, 3
3:00 🎵 Music with Chaplain Pervaiz, 3
4:00 Pond Visits, PO ☀️

27
9:30 AM Wake- Up, AF
10:30 Coffee and News Currents, 3
10:30 Outdoor Sensory Group, PO ☀️
1:30 Wii Games, 3
2:30 BINGO with Balavikas, 3
4:00 Bowling, 3

